



Newsletter

New Lambton Heights Infants School The Family School
176 Lookout Road, New Lambton Heights, NSW 2305
Phone 4957 2744 Email newlambhti-p.school@det.nsw.edu.au
www.newlambhti-p.schools.nsw.edu.au

respect • responsibility • personal best



Wednesday 29th July 2020

Term 3 Week 2

A MESSAGE FROM MRS HUGHES

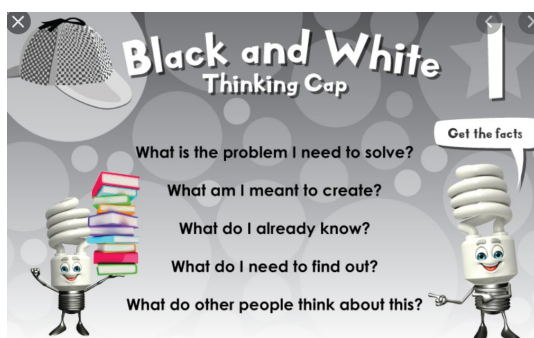
Today we launched our Project Based Learning lessons. Students are divided into grade groups and will follow the 'Thinking Caps' framework to solve a real-world problem.

Kindergarten are working on solving the problem of the possum poo! They are designing a house for our school possum.

Year 1 are brainstorming ways that Book Week celebrations can be shared with all of our community early next term – just in case restrictions are still in place.

Year 2 are buzzing! They will be working on ways to attract pollinators to our school garden to help with the potential problems that may arise if the numbers of pollinating animals start to decline. Please see Mrs Dowman's message further on in the newsletter for something exciting!

Each week we will put on our 'Thinking Caps' to follow a design thinking process. This week we are putting on the 'Black and White' cap to identify our problem and find out the facts. What do we know already about the problem? What will we need to know? How can we find out?



Speaking of caps ... don't forget your beanies for Friday and gold coin donation. Brain Cancer has touched our beautiful little community with the sad loss of one of our dads last year, so anything you can contribute towards the Mark Hughes foundation would be greatly appreciated. The P&C will be selling mini cupcakes at Lunch 2 (as well as

snack canteen) for \$1 each. The Year 2 students have organised a tabloid in the afternoon that includes organised games, an obstacle course, shooting beanies into a hoop, decorating beanies and cardboard arcade games!

We are looking forward to a great afternoon, all for a very special cause to the NLHIS community.

Lisa Hughes
Principal



WHAT'S HAPPENING AT THE HEIGHTS?

<i>Uniform Shop Open</i>	Every Monday
<i>Library Borrowing</i>	Every Wednesday
<i>Snack Canteen</i>	Every Friday
<i>Assembly</i>	Fridays – 15 mins for awards and birthdays. Sorry students and staff only.
<i>P&C Meeting</i>	Zoom meeting Wednesday 5th August
<i>Term 3 SDD (Pupil Free)</i>	Monday 20th July
<i>Dance to Be Fit</i>	Every Friday starting 25th July Cost \$35
<i>SRE re-commences</i>	Thursday 23rd July
<i>Beanies For Brain Cancer Bonanza</i>	Friday 31st July
<i>Education Week</i>	3rd – 7th August
<i>School Photos</i>	Tuesday 11th August Prices for packs vary
<i>Athletics Carnival</i>	Thursday 17th September TBC



At New Lambton Heights Infants School we acknowledge that we teach, learn and play together on the traditional country of the Awabakal people, who are the custodians of this land. We pay our respects to their Elders past and present

2021 ANTICIPATED ENROLMENTS and NEW ENROLMENTS

On Monday notes were sent home and on Skoolbag asking for information about 2021 and enrolment. Please be sure to read these and return to school if applicable. Please don't hesitate to contact Mrs Hughes if you need clarification or would like to discuss this further.

We are currently taking details of students looking to enrol in 2021. If you know of any families who are interested in enrolling (both in area and out of area), please ask them to contact the school. We will be processing these in the next few weeks.

REPORTS

Semester 1 reports will be sent home Monday of next week. Sorry that this has been delayed by a few days. If you would like to speak to your child's teacher before this time, please contact your teacher via the school's email, SeeSaw or phone the school. Your teacher will organise a time to speak over the phone or may set up a Zoom meeting.

SCHOOL PHOTOS

School photos will be on Tuesday 11 August. Students are to wear winter uniform. Envelopes have been sent home today, so please check bags.

DANCE2BFIT

Dance2Bfit started last week. **Please ensure your permission notes have been returned by Friday. Some students still need permission notes.** Payment was due last week. Please contact the school if you need any assistance with paying.

All classes are in the morning session, starting with Kindergarten.

SOMETHING EXCITING FOR STAGE 1 ...

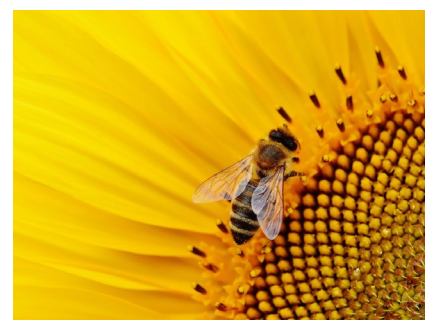
As part of our Problem Based Learning this term we are learning about pollinators and what they require. We are lucky enough to have an incursion. Kelly from Urban Hum will be visiting to teach the children about our valuable bees.

You can check out their website here:

<https://www.urbanhum.com/>

During this visit students will be taught about bees in general as well as participate in a discussion about their immensely important role in pollination. As part of this the students will be shown (and possibly hold) honeycomb and have the opportunity to taste some honey. There will be bees to observe, however these are contained in a glass case. If your child would have any reaction to any of the above activities please let the front office know before Friday morning.

Mrs Dowman





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AWESOME AWARDS WEEK TERM 3 WEEK 1

Congratulations to our award winners. We only presented catch up awards and Gold awards. Our first assembly will be this Friday.

Well done to Blake for being the first Term 3 recipient of a Principal's award. He now has to be very patient and wait for the end of term High Tea!

Our Merit system

4 Merit awards = 1 Gold award

4 Gold awards = Blue Principal's award + High Tea

Blue Principal's award + Citizenship award = Gold Principal's Award + High Tea

Citizenship award = High Tea

No assembly this Friday.





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Weekly Wellbeing

Each week we will be featuring wellbeing activities that are happening in the school and to support families at home.

GOT -IT and Second Step

On Monday we had our first Second Step lessons. This is the program that staff was trained to deliver on the SDD. Please don't forget to send back the yellow envelopes that were sent home last week. They were due back today and will be collected on Friday, so please return if you have not.

This week, Kindergarten students role-played different emotions to identify how we can become good listeners through observing body language.

Year 2 students brainstormed the meaning of respect, and how its proper use and understanding can bring us closer together as a community.



Year 1 met some new friends – snail and puppy. Through puppets and interactive learning the students explored the qualities of a strong listener, and how we can use our listening skills in everyday activities.



Mrs Dowman took the teachers for our first Friday stroll, which ended up in a power walk so Mrs Hughes could be on duty! She showed us around the neighbourhood and we marvelled at the beautiful part of the world we have around us! It was also lovely to see some of the sites that are on our Liz Anelli map. Mrs Dowman has another route planned for Friday so hopefully the weather will fine up. The weather has interfered with some of our activities this week, but we have been doing plenty of indoor Go Noodle to make up for it! Maybe when the weather fines up, you could do some physical activity together as a family to help make up the time this week. Here are some suggestions.





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Good for Kids good for life

KEEPING ACTIVE IN WINTER

It can be tempting to let kids spend more time on screens during the winter months, with cooler temperatures and less daylight hours. But keeping active for **at least one hour each day** is still important, and also helps to keep warm!

Try some these activities that can also be done indoors:

- 🍎 Make up a dance
- 🍎 Hula hooping or skipping
- 🍎 Pretend to move like different animals - scuttle side-to-side like a crab or hop like a kangaroo
- 🍎 Start a family fitness challenge – who can do the most push-ups, squats, sit ups
- 🍎 Use a pair of socks or balloon to play indoor volley ball, tennis, soccer or football



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

P&C NEWS

Our P&C Meeting for next Wednesday will be postponed at this point, please stay tuned for further updates.

If you would like to join, please email nlhipandc@gmail.com and we will email you a membership form.

To keep up to date with P&C activities and news, please follow our Facebook page; 'New Lambton Heights Infants P & C'.

P&C ACTIVITIES

BEANIE FOR BRAIN CANCER DAY – Friday 31 July

Once again, we will be supporting the Mark Hughes Foundation with a special 'Beanie Day' in Term 3. The P&C Committee will be selling mini cupcakes for \$1 each at snack canteen on Friday with all monies raised going to the Mark Hughes Foundation.

If you would like to purchase a Beanie for Brain Cancer to further support this cause, Kids Beanies are \$20 and available online only at www.shop.markhughesfoundation.com.au, adult beanies can be purchased at IGA or Lowes stores for \$25.

NLHIS 70TH ANNIVERSARY COMMEMORATIVE COOKBOOK

2021 marks the 70th birthday of New Lambton Heights Infants School!

To celebrate and commemorate this special occasion, the P&C are publishing our very own NLHIS cookbook which will be available to purchase. We are hoping to fill it with much loved, tried and true family favourite recipes to share with each other and the wider community.

If you have a recipe that is thoroughly enjoyed in your home, we invite you to contribute it. It could be a cultural dish, or a recipe that you love to bake. Maybe it's a lunchbox hit, a favourite family dinner

or a special occasion recipe that's been shared for generations.

Whatever it is, we would love to showcase it in the commemorative cookbook for other NLHI families to enjoy. When considering your recipe, please make sure it:

- Lists ingredients that are readily available
- Contains clear instructions that are easy to follow
- Is not a direct copy of an already published recipe (if you have adapted or changed a recipe that is OK).

What to do:

- Decide with your family which recipe you would like to contribute and why.
- Test the recipe out, pretending you are cooking it for the first time and checking the instructions are accurate and helpful.
- Style the finished recipe and take a fabulous photograph of it.
- Using the layout attached to the newsletter as a guide. You can either: email your recipe in word or pdf format to nlhicookbook@gmail.com OR fill the form out drop and it into the cream P&C box near the office.

Thanks everyone and happy cooking!



This Photo by Unknown Author is



ENTERTAINMENT BOOK

Thank you to those families who have already purchased their Entertainment Books!

Entertainment Memberships can start anytime and are packed with thousands of substantial savings on dining, travel and fun family activities. The digital membership is easy to download to start using instantly. New offers are added weekly for ongoing value all year round.
<https://www.entertainmentbook.com.au/orderbooks/342j57>

P&C SERVICES

FRIDAY SNACK CANTEEN

Canteen is held between 12.45pm and 1.10pm. Please make sure you can set up at 12.30pm ready for the rush!

Also, at the conclusion of canteen, please ensure that you restock ready for next week to make it easier for next week's volunteers.

If you can't make your rostered day please arrange a swap with someone and notify nlhipandc@gmail.com. If you are unable to find a replacement, please advise Kate via the P&C so that a substitute can be organised. If you have any queries, you can contact the P&C on nlhipand@gmail.com

If you would like to fill any of the shifts for next term please visit our signup page:
<https://signup.com/go/zNrQPTTh>

Term 3 Roster

Friday 31 July	Kate Murphy & Susie Horn
Friday 7 August	Megan Knott & Andrea Stig
Friday 14 August	Marion & Emily Maksimovic
Friday 21 August	Katie Draper & Kate Bone
Friday 28 August	Janette Collins & Megan Collins

Friday 4 September	Janette Collins & Kate Murphy
Friday 11 September	Megan Knott & Janette Collins
Friday 18 September	Katie Draper & Talisa Thiering
Friday 25 September	Vimbaynesu Timba & Kate Bone

UNIFORM SHOP

We are still looking for two volunteers to assist in the Uniform Shop and get trained up for when our current volunteers move on next year. If you are available or have any questions, email the P&C.

You can order your uniforms online at our Square Shop <https://new-lambton-heights-infants-school-pc-association.square.site/>

There is a wide range of second-hand uniforms for the sale in the Uniform Shop. Please email or phone to make an appointment.

Please email any other Uniform Shop enquiries that you may have to the P&C Uniform Shop email or P&C email. Sue and Shehr are coming in each Monday to process orders. They will be given to your child to bring home.

nlhiuniform@gmail.com



CANTEEN SET UP

- Volunteers to sanitise hands as they arrive and keep a bottle of gel at the tables with you (school will provide).
- **You will need to now sign a visitor acknowledgment form. Please see the office.**
- Ensure distancing is happening when you are in the library getting items ready and packing up.
- Wipe over tables with antibacterial wipes (school will provide).
- Two tables to be set up in front of stage to allow for distancing between volunteers, please see photo for set up.
- Please fill up all 4 plastic containers with chips and snacks plus a box with spares to fill up if required.
- Pre-cut approx.. 20 ice blocks ready to serve.
- Please let children take their chosen items so you handle money only during canteen.
- Please use gloves provided while handling money. If you touch anything else please be sure to change gloves.
- Teachers will mark a line to make sure there is distance between the students and volunteers.





New Lambton Heights Infants 70 YEARS COOKBOOK

Family:

When you attended NLHIS:

Contact Details:

Recipe Name:

Why is this recipe special to your family?

Ingredients:

Method:

CHECKLIST: HAVE YOU...

- ☐ Filled out all parts of the form?
- ☐ Tested your recipe?
- ☐ Checked your instructions are clear?
- ☐ Taken a photograph & attached it?